

# Quick Reference Guide

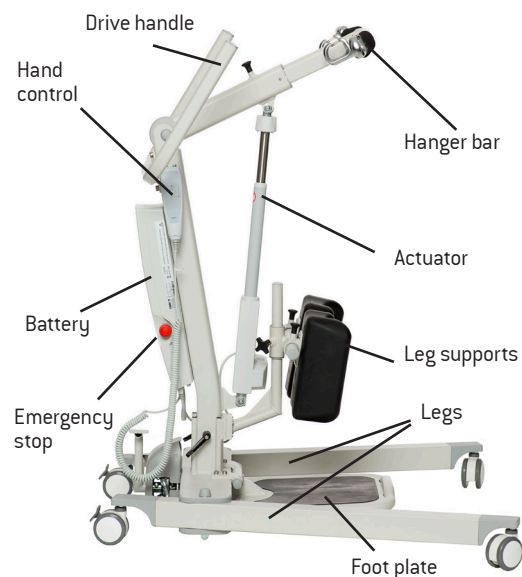
## – STS200

### Description

The STS200 sit-to-stand lift offers just the right support for lifts and transfers to and from a seated position. It is designed to support patients who are to some extent capable in actively participating in standing. With the STS200 the patients are able to practice standing and leg strength. Human Care also offers a range of sit-to-stand support slings for patients who need extra support during the lift.



**Part no:**  
 STS200 kit North America/Japan: 70985-NA  
 STS200 kit Great Britain: 70985-GB  
 STS200 kit Australia: 70985-AU  
 STS200 kit Europe: 70985-EU

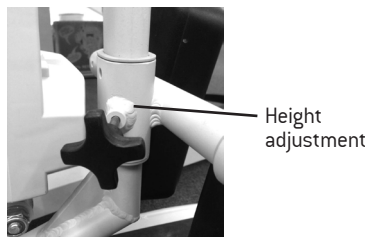
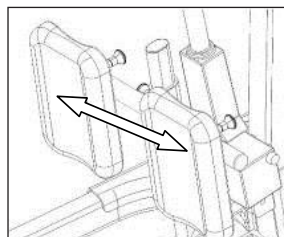


### Using the lift

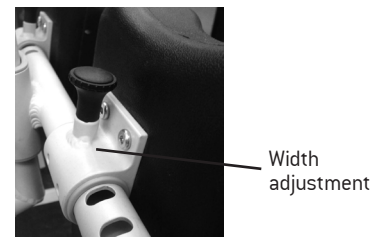
<p>1. Access the sling around the patient. (please see user manual for application of the back belt sling range)</p>	<p>2. Tighten the sling around the patient. 3. Move the lift forward - in front of the patient.</p>	<p>4. Put the patients feet on the footplate. 5. Adjust the knee support, one finger/2,5 cm below the knee. 6. Put the patients hands on the handle.</p>	<p>7. Tell the patient to lean back when raising the patient so the transfer is made in a natural pattern of movement. 8. Keep track of the patient while standing.</p>

### Knee pad adjustment

The width of kneepad could be adjusted with adjusting the pulling buttons. The height of kneepad could be adjusted with adjusting the fixing position.



Height adjustment



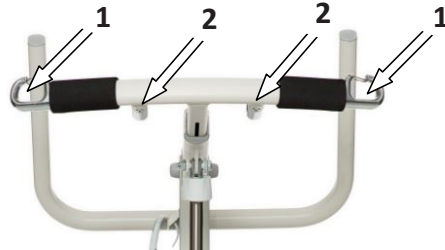
Width adjustment

# Quick Reference Guide

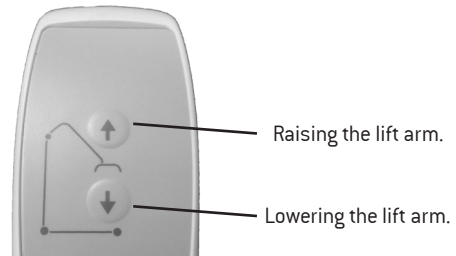
## – STS200

### Attaching the Sling Loops

The STS200 lift has 2 different options for attaching of the sling loops. For most lifting situation the position number 1 should be used. The position number 2 is mostly used when lifting children or small patients.



### Hand Control



### Leg Adjustment

The width of the legs is adjustable. Open legs is the perfect alternative when the lift is used together with chairs with no accessibility underneath, such as wheelchairs.

Step the foot pedal to open/close legs. Never adjust the legs when lift is moving.



### Braking and Casters

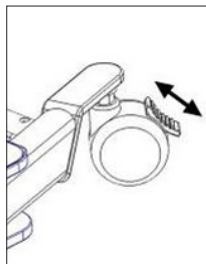


This will lower lift if hand control stops working but battery must have charge.

LED indicator lights:  
 Yellow- charging  
 Green- When hand control activating lifting

### Braking and Casters

The lift has two braked castors. Castors should always be braked when lifting.



### Emergency Stop and Emergency Lowering

To activate press the red button and this will cut power to the lift.



To lower lift manually, slide red tab up. The lift arm will gradually lower (weight must be on lift). To stop lowering, release the tab.



**IMPORTANT!** This quick reference guide does not replace the user manual which can be downloaded at [www.humancaregroup.com](http://www.humancaregroup.com)

**AUSTRALIA**  
 Unit 9, 271 Wells Road  
 Chelsea Heights, Victoria 3196  
 Phone:- +61 3 8773 1111  
 Fax:- +61 3 9773 4008  
 Email: [info.au@humancaregroup.com](mailto:info.au@humancaregroup.com)

**CANADA**  
 10-155 Colonnade Road  
 Ottawa, ON K2E 7K1  
 Phone:- 613.723.6734  
 Fax:- 613.723.1058  
 Email: [info.ca@humancaregroup.com](mailto:info.ca@humancaregroup.com)

**SWEDEN**  
 Årstaängsvägen 21C  
 117 43 Stockholm  
 Phone:- +46 8 665 35 00  
 Fax:- +46 8 665 35 10  
 Email: [info.se@humancaregroup.com](mailto:info.se@humancaregroup.com)

**UNITED STATES**  
 4210 S. Industrial Drive, Suite 160  
 Austin, TX 78744  
 Phone:- 512.476.7199  
 Fax:- 512.476.7190  
 Email: [info.us@humancaregroup.com](mailto:info.us@humancaregroup.com)